

# LIVE WEBINAR SCHEDULE

WELL-BEING. DONE WELL.



To register for a webinar, click the desired title and complete the linked registration form.

<u>TITLE</u>	<u>DATE &amp; TIME</u>
<u><a href="#">The Power of Perseverance and Grit</a></u>	Wednesday, July 13th 1:30pm-2:30pm ET
<u><a href="#">Opioid Epidemic and Emerging Drug Trends</a></u>	Friday, July 29th 12pm-12:45pm ET
<u><a href="#">Techniques for Managing Your Stress</a></u>	Wednesday, Aug 10th 1:30pm-2:30pm ET
<u><a href="#">Mid-Day Stretching</a></u>	Wednesday, Aug 24th 12pm-12:45pm ET
<u><a href="#">Establishing a Great Relationship with Your Child's Teacher and School</a></u>	Wednesday, Sept 14th 1:30pm-2:30pm ET
<u><a href="#">Mindfulness</a></u>	Tuesday, Sept 27th 12pm-12:45pm ET

Can't attend a desired webinar? No problem...

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