

# OCTOBER

NATIONAL HEALTH OBSERVANCES 2017

## Domestic Violence Awareness Month

National Coalition Against Domestic Violence  
303-839-1852

[www.ncadv.org/](http://www.ncadv.org/)

*Live Well, Work Well flyer:*

- Domestic Abuse

## Eye Injury Prevention Month

American Academy of Ophthalmology  
415-561-8534

<http://www.aao.org/eyesmart>

*Live Well, Work Well flyers:*

- Sports Safety: Eye Protection
- Workplace Eye Safety

## Health Literacy Month

Health Literacy Consulting  
508-653-1199

[www.healthliteracymonth.org](http://www.healthliteracymonth.org)

*Live Well, Work Well flyers:*

- Your Health Plan series
- Take Charge of Your Health Care

*Know Your Benefits flyers:*

- Be a Wise Health Care Consumer series
- Resources to Compare Health Care Costs

## Home Eye Safety Month

Prevent Blindness  
800-331-2020

[www.preventblindness.org](http://www.preventblindness.org)

*Live Well, Work Well flyers:*

- Sports Safety: Eye Protection
- Vision Care series
- Children's Health: Vision Care

## International Walk to School Month

National Center for Safe Routes to School  
866-610-SRTS (7787)

[www.iwalktoschool.org/](http://www.iwalktoschool.org/)

## National Breast Cancer Awareness Month

American Cancer Society  
800-227-2345

[www.cancer.org](http://www.cancer.org)

*Live Well, Work Well flyers:*

- Take Charge of Breast Health
- Women's Health: Breast Cancer
- Women's Health: Mammograms

## National Bullying Prevention Month

PACER Center, Inc.  
888-248-0822

[www.pacer.org/bullying/nbpm](http://www.pacer.org/bullying/nbpm)

*Prevention Newsletter:*

- Bullying: What Parents Can Do

## National Dental Hygiene Month

American Dental Hygienists' Association  
312-440-8900

[www.adha.org/national-dental-hygiene-month](http://www.adha.org/national-dental-hygiene-month)

## National Down Syndrome Awareness Month

National Down Syndrome Society  
800-221-4602

[www.ndss.org](http://www.ndss.org)

## National Medical Librarians Month

Medical Library Association  
312-419-9094

[www.mlanet.org/](http://www.mlanet.org/)

## National Physical Therapy Month

American Physical Therapy Association  
800-999-2782

[www.apta.org/nptm/](http://www.apta.org/nptm/)

*Live Well, Work Well flyers:*

- Physical Therapy for Good Health
- The Health Benefits of Massage

## Sudden Infant Death Syndrome (SIDS) Awareness Month

Eunice Kennedy Shriver National Institute of Child Health and Human Development  
800-505-2742

<http://safetosleep.nichd.nih.gov/>

*Live Well, Work Well flyers:*

- SIDS: Sudden Infant Death Syndrome
- Children's Health: Safe Sleeping

## Mental Illness Awareness Week – Oct. 2-8

National Alliance on Mental Illness  
800-950-6264

[www.nami.org](http://www.nami.org)

*Live Well, Work Well flyers:*

- Mental Health series
- Selecting a Mental Health Professional

## National Primary Care Week – Oct. 2-8

American Medical Student Association  
703-620-6600

[www.amsa.org/events/npcw/](http://www.amsa.org/events/npcw/)

*Live Well, Work Well flyers:*

- Visiting a Medical Specialist
- Doctor Appointments
- Talking to Your Doctor
- Following the Doctor's Orders

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## Walk and Bike to School Day – Oct. 4

National Center for Safe Routes to School  
866-610-SRTS (7787)  
[www.walkbiketoschool.org](http://www.walkbiketoschool.org)

## National Depression Screening Day® – Oct. 6

Screening for Mental Health, Inc.  
781-239-0071  
[www.mentalhealthscreening.org/events/national-depression-screening-day.aspx](http://www.mentalhealthscreening.org/events/national-depression-screening-day.aspx)

*Live Well, Work Well flyer:*

- Mental Health: Depression

## Bone and Joint Health Action Week – Oct. 12-20

United States Bone and Joint Initiative, NFP  
847-430-5053  
[www.usbji.org](http://www.usbji.org)

*Live Well, Work Well flyers:*

- Autoimmune Disease: Rheumatoid Arthritis
- Osteoarthritis
- Osteoporosis
- Sprains and Strains

## Metastatic Breast Cancer Awareness Day – Oct. 13

Metastatic Breast Cancer Network  
888-500-0370  
[www.mbcn.org/](http://www.mbcn.org/)

*Live Well, Work Well flyers:*

- Women's Health: Breast Cancer
- Take Charge of Breast Health
- Women's Health: Mammograms

## National Latino AIDS Awareness Day – Oct. 15

Latino Commission on AIDS  
[www.nlaad.org](http://www.nlaad.org)

*Live Well, Work Well flyer:*

- Public Health: HIV/AIDS

## International Infection Prevention Week – Oct. 15-21

Association for Professionals in Infection Control and Epidemiology  
202-789-1890  
<http://professionals.site.apic.org/>

## World Food Day – Oct. 16

Food and Agriculture Organizations of the United Nations  
202-653-2458  
[www.worldfooddayusa.org](http://www.worldfooddayusa.org)

## National Healthcare Quality Week – Oct. 16-22

National Association for Healthcare Quality  
847-375-4720  
[www.nahq.org/membership/content/celebratehealthcarequality.html](http://www.nahq.org/membership/content/celebratehealthcarequality.html)

## National Health Education Week – Oct. 17-21

Society for Public Health Education  
202-408-9804  
[www.sophe.org/nhew.cfm](http://www.sophe.org/nhew.cfm)

*Live Well, Work Well flyers:*

- Public Health series

## World Pediatric Bone and Joint Day – Oct. 19

United States Bone and Joint Initiative, NFP  
847-430-5053  
[www.usbji.org](http://www.usbji.org)

## International Stuttering Awareness Day – Oct. 22

Stuttering Foundation of America  
800-992-9392  
[www.stutteringhelp.org](http://www.stutteringhelp.org)

## Respiratory Care Week – Oct. 23-29

American Association for Respiratory Care  
972-243-2272  
[www.aarc.org/resources/programs-projects/respiratory-care-week/](http://www.aarc.org/resources/programs-projects/respiratory-care-week/)

*Live Well, Work Well flyers:*

- Asthma: Managing Your Condition
- Children's Health: Asthma
- Allergies: Seasonal Relief

## Red Ribbon Week – Oct. 23-31

National Family Partnership at Informed Families Education Center  
800-705-8997  
[www.redribbon.org/](http://www.redribbon.org/)

*Prevention Newsletter:*

- Drug and Alcohol Prevention for Your Kids

*Live Well, Work Well flyers:*

- Children's Health: Inhalant Abuse
- Children's Health: Prescription Drug Safety
- Substance Abuse

## World Psoriasis Day – Oct. 29

National Psoriasis Foundation  
800-723-9166  
[www.psoriasis.org](http://www.psoriasis.org)

*Live Well, Work Well flyers:*

- Psoriasis
- Stress and Your Skin